

CURLING ETIQUETTE

The spirit of curling is reflected in the traditions and courtesies which embody good sportsmanship and honorable conduct.

BEFORE THE GAME

1. Get to the club in time to change and warm up before the game.
2. It is usually acceptable to throw a few practice stone before a game, but avoid using the sheet on which you are scheduled to play. Do not practice if doing so will delay the start of play for your game or the one scheduled on the sheet you are practicing. Do not practice until the ice crew has finished preparation of the ice.
3. Shake hands with your teammates and opponents and wish them “good curling or good game.” Never wish them “good luck.”

DURING THE GAME

1. When an opposing player is in the hack, stand still on or near a sheet edge line between the courtesy line and the hog line and keep silent. If you are next to deliver you may stand quietly behind the hacks.
2. Never cross the ice sheet when a stone is being played or a player is in the hack.
3. Get into the hack in a timely fashion when it is your turn to deliver. Be ready **before** your skip calls the shot.
4. Do not distract another player.
5. Compliment a good shot by either team.
6. Be attentive to your own game.
7. Prevent rocks from going onto other sheets.
8. Encourage your teammates.
9. At the conclusion of the end, only the thirds are allowed in the house. Wait outside the house, ideally outside the hog line, until the score has been determined.
10. After the thirds agree on a score, the leads should move directly to the carpet behind the hacks to get ready to throw a stone. The seconds and thirds will clear the stones into the appropriate box to either side of the hacks. Try to arrange them in order with stone 7 and 8 closest to the carpet.
11. No “trash talking” or showy celebrations are allowed.

AFTER THE GAME

1. Shake hands with your teammates and opponents and say “good curling, good game” or something nice.
2. When leaving the ice, wait for other curlers to deliver their stones from either end before crossing behind them or opening a door.
3. Winners traditionally treat the losers to a beverage of their choice with the opponents reciprocating after the first round. At KMCC, because we bring our own liquor and have our own soda and beer we do not follow this tradition. Please be aware of this tradition if you go to other clubs where “in house” beverages are not free of charge.
4. Sit together at the table behind your sheet and ENJOY MEETING ALL THE GREAT PEOPLE.

SAFETY TIPS

1. Step onto the ice with **gripper foot first**.
2. Step off the ice with **slider foot first**.
3. Never stop a rock with your hand or foot. Use your broom to stop a rock
4. Always carry your broom. It will help you keep your balance and avoid a fall.
5. **Watch for stray rocks** while sweeping and walking on the sheet.
6. **Never lift a rock off the ice**. Slide them with your broom. Never leave a stone unaccompanied (stay with them when you clear the house after each end).
7. **Keep both feet on the ice**. Walk or slide on the ice surface keeping your weight forward.
8. **If you cannot keep up with a fast-moving rock while sweeping, STOP, it is ok!**
9. Never curl if you are the only person in the club. Bring someone with you during off-hours.
10. Any curler who falls and hits their head on the ice must leave the ice and go into the club house for at least 15 minutes before returning to the game.
11. The club has an AED device on the coat rack shelf outside the women's bathroom and a first aid kit near the desk in the clubhouse.