

CURLING EQUIPMENT

Fundamentally, all you need to curl is a pair of clean, dry shoes and enough clothes to stay warm on the ice. The rest of the equipment can be borrowed from the club.

SHOES:

Shoes that provide the best traction on ice have flat bottoms composed of a soft rubber surface. You should dedicate a pair of shoes to only use on the ice. Dirt and salt on the bottom of “non-dedicated” shoes cause serious damage to the ice. You may eventually decide to purchase curling shoes which will have one gripping shoe and one sliding shoe with Teflon surface covered by a rubber gripper when you are not sliding. Alternatively, some people purchase two grippers and put them over your regular shoes. Persons who use stick delivery will have grippers on both feet and do not need a Teflon surface. **You will feel MUCH more stable on the ice in curling shoes and are less likely to fall.**



SLIDER:

If you choose not to purchase curling shoes, you will need to use a slider. A slider is a hard piece Teflon bonded to a layer of rubber. Some have elastic to hold them onto your shoe while others have none and are held in place simply by standing on them. The slider allows you to slide as you deliver a stone. They are sized as S, M, L, XL. There are loaner sliders in a bin by the ice door on sheet 1.

BROOM:

We use brooms to warm and clean the ice in front of the stone causing it to travel farther than it otherwise would. Brooms used in the club have a cloth cover and most have a hollow fiberglass or carbon fiber handle. There are house brooms just inside the ice house on sheets 1 and 5. Carbon fiber and fiberglass brooms are much lighter than the loaner brooms.

CLOTHING:

You should wear loose comfortable clothing which will keep you warm but not too hot. Remember that you will be sweeping on the ice. Dress in layers that you can remove if you get too warm. Light gloves and a hat are useful.

Many curlers will choose to purchase curling shoes or slider and a broom in their first year or two of curling. These are available from many on-line companies or in our club from Craig Sharkus. Craig runs a small equipment store with curling supplies at very competitive prices. You can contact Craig at csharkus@wi.rr.com or 414-339-8939.